

Recreation Studies Exercise Science											
90	Percent of courses:		28	11	14	14	14	11	6	6	
Course ID	Course Name	Course Assessment Contact	Fall 2012	Spring 2013	Fall 2013	Spring 2014	Fall 2014	Spring 2015	Fall 2015	Spring 2016	
EXER105	Program Development and Leadership	McPherson	X								
EXER140	Health and Fitness	Susi,J	X								
EXER141	Introduction to Movement	Ouimette	X								
EXER230	Athletic Injury and Illness Prevention	Ouimette		X							
EXER232	Athletic Injury and Illness Recognition and Evaluation	Ouimette			X						
EXER234	Preventative Taping Techniques	Susi,J			X						
EXER248	Psychology of Sport and Performance and Coaching	Susi, JA	X								
EXER262	Exercise Physiology I	Susi, JA			X						
EXER265	Essentials of Strength Training and Conditioning	Walton		X							
EXER268	Fitness Evaluation I: Field Tests	Susi, JA				X					
EXER275	Nutrition for Sport and Exercise Performance	Walton				X					
EXER295	Practicum	JAS,MW		S			W				
EXER301	Athletic Training Clinical Experience I	Susi,J			X						
EXER302	Athletic Training Clinical Experience II	Ouimette				X					
EXER340	Therapeutic Modalities in Athletic Training	Ouimette						X			
EXER344	Kinesiology	Susi,J				X					
EXER346	Therapeutic Exercise in Athletic Training	Susi, J					X				
EXER348	Fitness Evaluation II Laboratory Procedures	Walton			X						
EXER349	Orthopedic Assessment in Sports Medicine	Susi, J						X			
EXER358	Research Methods in Exercise Science	Susi, JA						X			
EXER362	Exercise Physiology II	Susi, JA							X		
EXER390	Recreation Leader Apprenticeship	JAS,MW,SO					W			O,S	
EXER401	Athletic Training Clinical Experience III	Ouimette					X				
EXER402	Athletic Training Clinical Experience IV	Susi, J				X					
EXER428	Psychological Aspects of Exercise and Athletic Rehabilitation		DELETING								
EXER434	Neurological Basics of Motor Learning		DELETING								
EXER440	Exercise Physiology Seminar	Susi, JA					X				
EXER442	Electrocardiography in Exercise Science	Walton						X			
EXER444	Exercise Prescription	Walton	X								
EXER446	Exercise Prescription and Testing for Special Population	Walton						X			
EXER450	Philosophy of Human Performance and Leisure	Childs	X								
EXER452	Allied Health Administration	Susi, J					X				
EXER481	Professional Development Seminar	McPherson	X								
EXER492	Internship	JAS,MW,JS								S,S	
EXER496	Selected Research Topics	Susi, JA							X		
RECA103	Badminton and Racquetball	Pusch			X						
RECA105	Bowling	Sparks		X							
RECA106	Backpacking	Childs	X								
RECA107	Canoe Techniques	Childs	X								
RECA108	Outdoor Survival	dropping	TBD								
RECA109	Rock Climbing and Rappelling	Childs	X								

RECA110	Golf	Sparks	X							
RECA114	Self Defense	Westrick/Jahns							X	
RECA119	Cross Country Skiing	Childs		X						
RECA120	Downhill Skiing and Snowboarding	Childs		X						
RECA125	Tennis	Linhart			X					
RECA127	Volleyball	Kazeta						X		
RECA129	Basketball	Kisner								X
RECA130	Intercollegiate Sports Skills	Dunbar						X		
RECA150	Individualized Physical Fitness	Walton				X				
RECA151	Jogging and Walking for Fitness	Walton	X							
RECA152	Orienteering	dropping	TBD							
RECA153	Weight Training	Walton		X						
RECA154	Yoga	Carlson		X						
RECA160	Adapted Activities	dropping	OFFERED ON REQUEST ADA							
RECA173	Social Dance	Choziak				X				
RECA174	Aerobic Dance	Anderson				X				
RECA175	Step Aerobics	Anderson					X			
RECA180	Beginning Skating		TBD							
RECA190	Aquatic Fitness	Ouimette/Kazeta								X
RECA194	Scuba	Cooper			X					
RECA195	Beginning and Advanced Beginning Swimming	Kazeta				X				
RECA196	Intermediate and Advanced Swimming	dropping	TBD							
RECA210	Lifeguarding	Kazeta	X							
RECA211	Water Safety and Lifeguard Instructor		CERTIFICATION NEEDED							
RECS101	Introduction to Recreation and Leisure Services	Childs/McPherson	X							
RECS105	Program Development and Leadership	McPherson	X							
RECS212	Instructional Methods in Adapted Aquatics	dropping	TBD							
RECS220	Methods in Arts and Crafts	McPherson			X					
RECS262	Outdoor Recreation	Childs			X					
RECS270	Sports Management	McPherson				X				
RECS280	Readiness in Games, Activities and Sports	Childs			X					
RECS295	Practicum	SC, DM					M	C		
RECS320	Dance and Rhythmic Activities for Recreation	McPherson								X
RECS344	Adapted Sports and Recreation	dropping	TBD							
RECS360	Facilitation and Interpretation Techniques	Childs					X			
RECS362	Land Management for Recreation Purposes	Childs			X					
RECS365	Expedition Management	Childs				X				
RECS367	National Parks, National Monuments and National Culture	Childs								
RECS370	Recreation for the Elderly	McPherson		X						
RECS375	Commercial Recreation	McPherson						X		
RECS390	Recreation Leader Apprenticeship	SC, DM					M	C		
RECS397	Recreation Studies Junior Research Seminar	Childs					X			
RECS435	Research in Recreation and Leisure Sciences	Childs							X	
RECS437	Recreation Studies Senior Research Seminar	Childs					X			
RECS450	Philosophy of Human Performance and Leisure	Childs				X				
RECS481	Professional Development Seminar	McPherson	X							
RECS482	Administration of Recreation and Leisure Services	McPherson			X					

RECS492	Internship	SC, DM					M		
RECS496	Selected Research Topics	SC, DM						M, C	
	NOTES: on shaded courses:								
	TBD-courses have not been taught recently								
	they are electives and the School is								
	determining their fate....								
	CERTIFICATION-this course needs special								
	certification--when we can find qualified								
	instructors we will teach it								
	DELETE-these courses will be presented to								
	Curriculum for deletion this year								
	ADA-we keep this course on the books for ADA								
	purposes should a student with a disability								
	request accomodation								
	For Practicums (295), Internships (492)								
	Apprenticeships (390), and Selected Research (496)								
	the initial of the instructor's last name is indicated								

80	Percent of courses:			20	13	16	15	16	13	6	6	105
Course ID	Course Name	Course Assessment Contact	Fall 2012	Spring 2013	Fall 2013	Spring 2014	Fall 2014	Spring 2015	Fall 2015	Spring 2016		
RECA174	Aerobic Dance	Anderson				X						
RECA175	Step Aerobics	Anderson					X					
RECA154	Yoga	Carlson		X								
EXER450	Philosophy of Human Performance	Childs	X									
RECA106	Backpacking	Childs	X									
RECA107	Canoe Techniques	Childs	X									
RECA109	Rock Climbing and Rappelling	Childs	X									
RECA119	Cross Country Skiing	Childs		X								
RECA120	Downhill Skiing and Snowboarding	Childs		X								
RECS262	Outdoor Recreation	Childs			X							
RECS280	Readiness in Games, Activities and	Childs			X							
RECS360	Facilitation and Interpretation Tec	Childs					X					
RECS362	Land Management for Recreation	Childs			X							
RECS365	Expedition Management	Childs				X						
RECS367	National Parks, National Monume	Childs										
RECS397	Recreation Studies Junior Research	Childs					X					
RECS435	Research in Recreation and Leisure	Childs						X				
RECS437	Recreation Studies Senior Research	Childs					X					
RECS450	Philosophy of Human Performance	Childs	X									
RECS101	Introduction to Recreation and Le	Childs/McPherson		X								
RECA173	Social Dance	Choziak				X						
RECA194	Scuba	Cooper			X							
RECA130	Intercollegiate Sports Skills	Dunbar						X				
EXER295	Practicum	JAS,MW		S			W					
EXER492	Internship	JAS,MW,JS									S,S	
EXER390	Recreation Leader Apprenticeship	JAS,MW,SO					W				O,S	
RECA127	Volleyball	Kazeta						X				
RECA195	Beginning and Advanced Beginning	Kazeta				X						
RECA210	Lifeguarding	Kazeta	X									
RECA129	Basketball	Kisner									X	
RECA125	Tennis	Linhart			X							
EXER105	Program Development and Leade	McPherson	X									
EXER481	Professional Development Semina	McPherson	X									
RECS105	Program Development and Leade	McPherson	X									
RECS220	Methods in Arts and Crafts	McPherson			X							
RECS270	Sports Management	McPherson				X						
RECS320	Dance and Rhythmic Activities for	McPherson									X	
RECS370	Recreation for the Elderly	McPherson		X								
RECS375	Commercial Recreation	McPherson						X				
RECS481	Professional Development Semina	McPherson	X									
RECS482	Administration of Recreation and	McPherson			X							

EXER141	Introduction to Movement	Ouimette	X							
EXER230	Athletic Injury and Illness Prevent	Ouimette		X						
EXER232	Athletic Injury and Illness Recogni	Ouimette			X					
EXER302	Athletic Training Clinical Experienc	Ouimette				X				
EXER340	Therapeutic Modalities in Athletic	Ouimette					X			
EXER401	Athletic Training Clinical Experienc	Ouimette					X			
RECA190	Aquatic Fitness	Ouimette/Kazeta							X	
RECA103	Badminton and Racquetball	Pusch			X					
RECS295	Practicum	SC, DM				M	C			
RECS390	Recreation Leader Apprenticeship	SC, DM					M	C		
RECS492	Internship	SC, DM					M			
RECS496	Selected Research Topics	SC, DM							M, C	
RECA105	Bowling	Sparks		X						
RECA110	Golf	Sparks	X							
EXER346	Therapeutic Exercise in Athletic Tr	Susi, J					X			
EXER349	Orthopedic Assessment in Sports	Susi, J						X		
EXER402	Athletic Training Clinical Experienc	Susi, J				X				
EXER452	Allied Health Administration	Susi, J					X			
EXER248	Psychology of Sport and Performa	Susi, JA	X							
EXER262	Exercise Physiology I	Susi, JA			X					
EXER268	Fitness Evaluation I: Field Tests	Susi, JA				X				
EXER358	Research Methods in Exercise Scie	Susi, JA						X		
EXER362	Exercise Physiology II	Susi, JA							X	
EXER440	Exercise Physiology Seminar	Susi, JA					X			
EXER496	Selected Research Topics	Susi, JA							X	
EXER140	Health and Fitness	Susi,J	X							
EXER234	Preventative Taping Techniques	Susi,J			X					
EXER301	Athletic Training Clinical Experienc	Susi,J			X					
EXER344	Kinesiology	Susi,J				X				
EXER265	Essentials of Strength Training and	Walton		X						
EXER275	Nutrition for Sport and Exercise Pe	Walton				X				
EXER348	Fitness Evaluation II Laboratory Pr	Walton			X					
EXER442	Electrocardiography in Exercise Sc	Walton						X		
EXER444	Exercise Prescription	Walton	X							
EXER446	Exercise Prescription and Testing	Walton						X		
RECA150	Individualized Physical Fitness	Walton				X				
RECA151	Jogging and Walking for Fitness	Walton	X							
RECA153	Weight Training	Walton		X						
RECA114	Self Defense	Westrick/Jahns							X	
EXER428	Psychological Aspects of Exercise and Athletic Rehab		DELETING							
EXER434	Neurological Basics of Motor Learning		DELETING							
RECA108	Outdoor Survival		TBD							
RECA152	Orienteering		TBD							
RECA160	Adapted Activities		OFFERED ON REQUEST ADA							
RECA180	Beginning Skating		TBD							
RECA196	Intermediate and Advanced Swimming		TBD							
RECA211	Water Safety and Lifeguard Instructor		CERTIFICATION NEEDED							

RECS212	Instructional Methods in Adapted Aquatics	TBD						
RECS344	Adapted Sports and Recreation	TBD						

Fall 2012	Spring 2013	Fall 2013	Spring 2014	Fall 2014	Spring 2015	Fall 2015	Spring 2016
-----------	-------------	-----------	-------------	-----------	-------------	-----------	-------------

School of Recreation Studies and Exercise Science

McPherson	Debra	4	1	2	1	0	1	0	1
Childs	Sally	5	3	3	1	3	1	0	0
Walton	Mark	2	2	1	2	0	2	0	0
Ouimette	Sarah	1	1	1	1	1	1	1	0
Susi	Jody	1	0	1	1	1	1	2	0
Susi	Joseph	1	0	2	2	2	1	0	0